



141 Discovery Dr. Suite 213 | Bozeman, MT 59718 | gocmt.org

### INTRO TO WRITING

We are incredibly grateful that you have chosen to participate in a To Be Told group. We know that stepping into the depths of your story requires immense bravery. It is a privilege that you have invited us into this sacred ground as we begin to explore and discover who you are in light of who God is.

It is now time to start writing! You are required to submit a short written story about a significant event in your life. **Please read the Writing Assignment Instructions & Guidelines thoroughly before beginning this assignment. You can find these instructions attached below.**

Please note:

This assignment is required by all participants.

1. This assignment will be viewed by your small group therapists prior to the group; they will also write comments about the themes they are seeing in your story. Their comments about your story will be given to you in the group session.
2. If possible, bring a photo or two of yourself when you were the age described in your chosen story, as well as a memento from that period of your life if available. These touchstones will be a lovely part of helping you remember more deeply.

**All writing assignments are due by March 15, 2018.**

Please send your writing assignment as a Word Document or PDF (.doc, .docx, or .PDF format) to [scott@gocmt.org](mailto:scott@gocmt.org) and [kristi@gocmt.org](mailto:kristi@gocmt.org)

Again, thank you for trusting us with the vulnerable and painful parts of you. It is an honor to do this work as we step boldly into the story of the gospel and the story that God is writing in your life.

If you have any questions regarding the pre-writing assignment: please email [scott@gocmt.org](mailto:scott@gocmt.org) or [kristi@gocmt.org](mailto:kristi@gocmt.org)